

**ST. VINCENT GIRLS' HIGH SCHOOL  
CARIBBEAN SECONDARY EXAM CERTIFICATE (CSEC)**

**DELIVERY AND ASSESSMENT PLAN TVET**

**Qualification:** *Food, Nutrition and Health*  
Form 1

Ser	Section	Unit Title (Topic)	Content	Delivery Plan/ Schedule Duration (Formative Assessment)		Assessment Plan/ Schedule (Summative Assessment)	
				Start	End	Proposed Date	Actual Date
1.	2	<i>Nutrition and Health</i>	Introduction of subject  <b>Section 2: Nutrition and Health</b> 1. <i>discuss the basic principles of nutrition;</i>	14 <sup>th</sup> April, 2026	17 <sup>th</sup> April, 2026		
2.	2&7	<i>Nutrition and Health</i>	<b>Section 7: Food Management , Preparation and Service</b> Objective 1: Guidelines for good hygiene 1) Personal hygiene - Accurate hand washing - Protective clothing - General grooming  2) Preparation and service - Surfaces - Utensils - Waste disposal	20 <sup>th</sup> April, 2026	24 <sup>th</sup> April, 2026		

3.	7	<i>Sandwiches</i>	<b>Sandwiches</b> -Types of sandwiches -Preparation of sandwiches -Plan sandwich assessment Written test on Nutrients	27 <sup>th</sup> April, 2026	1 <sup>st</sup> May, 2026		
4.		<i>Sandwiches</i>	<b>Practical assessment:</b>  -Sandwiches	4 <sup>th</sup> May, 2026	8 <sup>th</sup> May, 2026		
5.		<i>Drinks</i>	Drinks -Type of drinks -Preparation of drinks -Plan practical assessment on drinks	11 <sup>th</sup> May, 2026	15 <sup>th</sup> May, 2026		
6.	7	<i>Drinks</i>	<b>Practical Assessment:</b>  Drinks	18 <sup>th</sup> May, 2026	22 <sup>nd</sup> May, 2026		
7.		<i>Breakfast</i>	Breakfast bowls and cereal snacks - Types of breakfast bowls and cereal snacks -Plan practical for Breakfast bowls and cereal snacks -Exercise on drinks	25 <sup>th</sup> May, 2026	29 <sup>th</sup> May, 2026		
8.		<i>Breakfast</i>	<b>Practical Assessment</b>  -Breakfast bowls and snacks	1 <sup>st</sup> June, 2026	5 <sup>th</sup> June, 2026		
9.			Examination				

Instructor Name :

Instructor Signature : \_\_\_\_\_

Date

Principal:

Principal Signature : \_\_\_\_\_

Date : \_\_\_\_\_